



## Snorkelling

Getting out amongst it is what Aurora Expeditions is all about. Whether we are exploring the icy polar regions or warmer tropical waters on our expedition cruises, witnessing life beneath the waves on snorkelling adventures is an experience not to be missed. Grab a mask and dive in to experience some of the best snorkelling in the world. You don't need to swim far to encounter diversity. Often, the best strategy is to hover above a patch of reef and simply admire the parade of marine life before you such as colorful coral obscured by curtains of fish. You may swim alongside playful dolphins and curious seals, delight in colourful tropical marine life and marvel at spectacular underwater ecosystems.

### Required Experience & Fitness

While it is an advantage to have previous snorkelling experience, complete beginners are welcome to participate. Aurora Expeditions will provide all the necessary equipment and instructions needed to enjoy this activity. However, you must be a competent swimmer and we reserve the right to suspend you from the activity if they assess your ability to swim as insufficient.

### Safety

Complimentary snorkelling is offered as a self-guided activity but with Zodiac support to ensure your safety. From the Zodiacs, our expedition team will keep a close eye on you to ensure you remain visible and safe at all times.

### Number of Outings

During the expedition we aim to snorkel as often as possible. Our outings will allow you enough time to witness wildlife in action, as well as marvel at the fascinating display of life under the water. You are not obliged to join all snorkelling outings and can choose to enjoy regular shore excursions such as hiking or Zodiac cruising if you wish.

### Group Sizes

On selected voyages to tropical destinations, snorkelling is a complimentary activity and all competent swimmers who can swim unassisted for up to 50 metres or 50 yards are welcome to participate. Aurora Expeditions will provide free use of snorkelling equipment including snorkel, mask and flippers.

## Equipment Included

On voyages where snorkelling is offered as a complimentary activity, Aurora Expeditions will provide you with a snorkel, mask, fins, and carry bag for personal use during the voyage.

## What to Pack

Good-quality snorkel equipment makes your time in the water a joy. Snorkel gear that fits well allows you to relax and focus on the great stuff underwater.

We recommend:

- Water-resistant and reef friendly sunscreen - aside from your own protection, using a reef-friendly sunscreen is important because the chemicals in most sunscreens have been proven to kill coral and fish, and to increase the chance of coral bleaching.
- Long sleeve rash guard shirts - using sunscreen is fine, but when you're in and out of the water several times in a day, it becomes a nuisance having to re-apply every time. A rash guard shirt is a great option when snorkelling and can often provide a small amount of insulating warmth and sting protection.
- Snorkelling swim caps or buff headwear to keep all the hair away from the mask
- Waterproof camera or waterproof bag or box for phones or cameras
- Rubber shoes for beach landings for rocky water exits and short walks.

**Note:** we will provide you with a good quality silicone mask but if you wear glasses and don't use contacts, we recommend you bring your own prescription-lense mask to maximise your snorkelling experience.

## How to prevent mask fogging while snorkelling

Clean your mask often, clean it with toothpaste and scrub it in hot water. Make sure you rinse it completely in hot water.

Use anti-fog every time you snorkel. You can purchase the commercial anti-fog product or make your own by mixing baby shampoo and water in a spray bottle. After applying the mixture, rinse your mask once only and quickly with either fresh or salt water.

If you are out on the water already with a foggy mask, remove it, rub some saliva on it, and rinse it before putting it back on. You should hopefully see an improvement in the mask's visibility.

## Activity Surcharge

The snorkelling activity is an additional cost on our voyages to the polar regions. However, on selected voyages to non-polar regions such as to tropical areas, Aurora Expeditions offers snorkelling as a complimentary activity. Please refer to our website or for the cost of snorkelling on your chosen voyage.

## Travel Insurance

Travel Insurance, including emergency evacuation coverage, is mandatory on all Aurora Expeditions voyages. You will need to ensure that your insurance policy covers you for your snorkelling activity. An additional policy or premium may be required to ensure you have adequate coverage. Please contact Aurora Expeditions if you need assistance with your insurance policy.

## Age Limit

In the polar regions, snorkellers must be 14 years or over. Outside of the polar regions, snorkellers should be 8 years or over and must be a competent swimmer who can swim unassisted for up to 50 metres or 50 yards. Snorkellers under 18 years of age must be accompanied by a parent or guardian travelling with them on the voyage. A parent or guardian is required to supervise no more than one child at a time, under 18 years of age, during snorkelling excursions.

For more information please contact your travel agent, or Aurora Expeditions on:

### Australia and New Zealand

AU: 1800 637 688 | NZ: 0800 447 042  
reservations@auroraexpeditions.com.au  
auroraexpeditions.com.au

### United Kingdom and Europe

Freecall: 0808 189 2005  
reservations@auroraexpeditions.co.uk  
aexpeditions.co.uk

### United States and Canada

Freecall: + 1 833 826 5828  
reservations@aurora-expeditions.com  
aurora-expeditions.com